

Hi! Our therapists are looking forward to virtual sessions via teletherapy. Rather than driving to the clinic, ***Children's Therapy Solutions, Inc. is closed until further notice***, you can participate in therapy from the comfort of your home!

How will my child's therapy evaluation be provided via teletherapy?

Teletherapy allows the therapists at Children's Therapy Solutions to safely complete an all-encompassing evaluation addressing areas of family concern, performing clinical observation through play/movement, assessing deficit areas and completing formal assessments as needed. Your child's evaluation is completed directly in your home by utilizing creative and interactive approaches in order to create a client centered treatment plan and therapy goals to work towards as a team.

Please see additional document for recommended supplies for evaluations

How will therapy services be provided via teletherapy?

Providing therapy services through a technology platform vs. in-person involves a collaborative approach from the child, therapist and family at home. Teletherapy allows the therapists at Children's Therapy Solutions to safely provide skilled therapy services directly in your home by utilizing creative and interactive approaches in order to work towards meeting your child's therapy goals.

At the time of your regularly scheduled appointment, **sign-into your e-mail account**. Your child's therapist will send you a clickable hyperlink to the e-mail address you've provided right at the start of your session. When you click the hyperlink it will pair you to your therapist through video chat on **Zoom**. Although some families have a Zoom account, app, or log-in we've decided it would be easiest to communicate all therapy session invites through e-mail at this time.

For therapy sessions, it is important that your child is set up in an environment conducive for learning and practicing skills which includes...

- *Reliable electronic device with both video and audio capability*- smartphone, laptop, or tablet; think about how you want to prop the device up for the clinician to see your child. (Some families have shared pop sockets or leaning the device against a box or cup has worked nicely.)
- *Good internet connection*- Login to your e-mail account a few minutes before our session, to ensure you have a good internet connection and your e-mail works on your device.
- *Clear table/floor space with good lighting*- Set up where you and your child can be easily visible to your therapist and vice versa. You will likely be moving the device around some during the session but it's important to have a spot in the room from which you can work.

- *Quiet environment*- If siblings need to be around, please let the therapist know so he/she can plan accordingly; if it's feasible, arranging childcare or activities for siblings in other rooms of the house is preferable but we are happy to be flexible and try to incorporate siblings into the session as needed. Try to explain what is going to take place to everyone around including siblings so they can understand before the session that instead of going to therapy they will video chat with the therapist on the phone, tablet, or computer.
- *Caregiver available*- there must be a dedicated person/adult present and available to assist throughout the session as needed.

The team of therapists at Children's Therapy Solutions are continuously working together to ensure your child is receiving the best possible therapy through the teletherapy platform. In order to see weekly progress and work towards meeting their therapy goals preparedness is fundamental.

How can I help to be prepared for my child's therapy sessions and what types of supplies or activities will we need?

For children who typically play in therapy, have some items for a "play" session available and include something gross motor (balls, pillows, stuffed animals/objects to "pick up" from the floor), fine motor (craft supplies, coloring supplies, sit down games, or blocks), and visual motor activities (puzzles, blank paper, coloring book).

Please see the additional "supplies" documents for more information and always communicate with your child's therapist to ensure your child is set-up for their therapy session in order to make the most progress 😊

* Reminder that the e-mail link is sent & becomes active when your scheduled therapy begins, it will not be sent in advance. So, instead of patiently waiting in our clinic waiting room, **wait on your e-mail account for the therapy session invite** 😊

Thank you for allowing us to be a part of the team working together to meet your child's goals!

Love, your CTS staff